



Start/Finish Line:

FBC at the Mall Steeple (front parking lot)

Course:

Neighborhood adjacent to the church & church lot

When:

Saturday, March 20, 2010

7:00a.m. Packet Pick Up & Walk Up Registration Begins

8:00a.m. Prayer & 5k Begins (rain or shine!)

Runners & Walkers of ALL ages are encouraged to participate - an opportunity for the whole family!

Door Prize & Award ceremony after the Run/Walk

Awards:

Presented to the male & female 1st, 2nd & 3rd place finisher in each division as well as Overall, male & female 1st place finishers

STEEPLE CHASE REGISTRATION

Name:

male

Street Address:

female

City/State/Zip:

AGE (ON DAY OF RACE):

Home Phone:

Cell Phone:

9 and under

Email:

10-14 40-44

15-19 45-49

20-24 50-54

25-29 55-59

30-34 60-64

35-39 65-69

70 and up

Waiver:

In signing this release for myself or the named entrant (if the entrant is under 18), I acknowledge that I understand the intent hereof, and I hereby agree to and will absolve and hold harmless First Baptist Church at the Mall, their staff, volunteers, members and any

other parties connected with this event in any way whatsoever, singly and collectively, from and against any blame or liability for any injury, misadventure, harm, loss, inconvenience or damage suffered or sustained as a result of participation in the Steeple-Chase 5k Run/Walk or in any activities associated therewith. I also hereby consent to and permit emergency treatment in the event of any injury or illness. I have full knowledge of the risks involved and attest that I am physically fit and sufficiently trained to participate in this athletic event. I shall abide by traffic laws and regulations and practice courtesy and safety in walking and/or running. I grant permission to all foregoing to use any photographs, motion pictures, recordings or any other record of this event for any legal purpose. **NO ROLLERBLADES/SKATES/SCOOTERS/BICYCLES — Strollers Welcome!**

Signature:

Date

REGISTER BY ONE OF THE FOLLOWING:

Participating for C3 Camper:

in person: FBC at the Mall - Erin Gooding
1010 E Memorial Blvd - Lakeland

by mail: FBC at the Mall
Attn: Erin Gooding 5K
PO Box 90669
Lakeland, FL 33804

online: www.active.com (\$20 reg + \$3.25 fee)

Payment Details: Registration for 5K (by 3/14)

\$20

\$5 of your fee will go to the camper listed above

Registration for 5K (3/15-3/20)

\$25

\$5 of your fee will go to the camper listed above

TOTAL:

Checks Payable to:
FIRST BAPTIST CHURCH AT THE MALL



child S M L adult S M L XL